

**College of Ophthalmologists, Academy of Medicine of Malaysia
Fifth (5th) Annual Report 2018 - 2019**

- 1. The 5th Annual General Meeting of the College** was held on 23rd June 2018 at 4.15 pm at Annex Room, 5th Floor, NIO Building, Tun Hussein Onn National Eye Hospital (THONEH), Lot 2, Lorong Utara B, 46200 Petaling Jaya, Selangor.

16 members of the College attended the meeting:

1. Dr Pall Singh
2. Assoc Prof Dr Andrew Tan Khian Khoon
3. Datin Dr Thayanithi Sandragasu
4. Dr Elias Hussein
5. Dr Anusiah Selvathurai
6. Prof Dr Mae-Lynn Catherine Bastion
7. Assoc Prof Dr Nurliza Khaliddin
8. Dr George Thomas
9. Assoc Prof Dr Mimiwati Zahari
10. Dato' Dr Linda Teoh Oon Cheng
11. Assoc Prof Dr Mohtar Ibrahim
12. Dr Kamala Devi a/p S D Lingam
13. Dr Saraswathi Ponudurai
14. Dr Wong Yiing Cheong
15. Dr Lim Thung Kiat
16. Dr Premadeva C Satkurunathan

2. Election of Council members:

There were 4 vacancies from the previous Council. After the closing date on 9th April 2018, 4 nominations had been received. Therefore, no secret ballot was needed for this election because the number of nominations did not exceed the numbers of vacancies. The elected members were announced by Dr Pall Singh which were:

1. Assoc. Prof Dr Andrew Tan
2. Dr Hajjah Nor Fariza Ngah
3. Dr Anusiah K Selvathurai
4. Assoc. Prof Dr Jemaima Che Hamzah

3. Amendment of the By-Laws

Amendments to these By-Laws and resolution which proposed by Datin Dr Thayanithi and seconded by Assoc. Prof Dr Nurliza Khaliddin has been approved by the Council and the members attending the Annual General Meeting.

The resolutions that has been agreed to change which are in the article X. Council and office bearers (No. 1, 2, 7, 8, 11(a), 11(b), and 11 (d) and XI. Annual General Meeting (No. 3 and 4).

4. Update on Membership

Number of members: 157

Fellows: 15

Life members: 60

5. Appointment of Internal Auditors:

Assoc Prof Dr Mimiwati Zahari and Dato' Dr Linda Teoh Oon Cheng were appointed as auditors for the year 2018- 2019.

6. Council Meetings:

Fifth council meetings were held during the term 2018 - 19. The attendance of the council members is as follows:

Dr Hajjah Nor Fariza Binti Ngah	President	(5/5)
Assoc Prof Dr Jemaima Che Hamzah	Vice President	(5/5)
Dr Elias Hussein	Hon Secretary	(5/5)
Datin Dr Thayarithi Sandragasu	Hon Treasurer	(5/5)
Dr Pall Singh (Immediate Past President)	Council member	(4/5)
Assoc Prof Dr Andrew Tan Khian Khoon	Council member	(3/5)
Dr Anusiah K Selvathurai	Council member	(5/5)
Prof Dr Mae-Lynn Catherine Bastion	Council member	(4/5)
Assoc Prof Dr Nurliza Khaliddin	Coopted member-UM	(3/5)
Assoc Prof Dr Norshamsiah Md. Din	Coopted member-UKM	(4/5)
Assoc Prof Dr Mohtar Ibrahim	Coopted member-USM	(4/5)
Dr Fang Seng Kheong	Coopted member-MSO	(3/5)
Dato' Dr Raja Norliza Raja Omar	Coopted member-MOH	(1/5)

7. Establishment of Sub-committees

The following 5 sub-committees which were proposed at the 4th AGM continued their activities throughout the year:

- i. Community Engagement
 - Dr Pall Singh (Chairman)
 - Prof Dr Mohtar Ibrahim (Member)
 - Dr Elias Hussein (Member)
 - Dr Hajjah Nor Fariza Ngah (Member)
- ii. Ethics and Professionalism
 - Dr Hajjah Nor Fariza Ngah (Chairman)
 - Dr Pall Singh (Member)
 - Dr Anusiah K Selvathurai (Member)

- iii. Continuous Medical (Professional) Development (Education) (CPD)
 - Prof Dr Mae-Lynn Catherine Bastion (Chairman)
 - Assoc Prof Dr Nurliza Khaliddin (Member)
 - Dr Anusiah K Selvathurai (Member)
 - Assoc Prof Dr Jemaima Che Hamzah (Member)
 - Dr Pall Singh (Member)
 - Datin Dr Thayanithi Sandragasu (Member)
- iv. Fund Raising / Finance
 - Assoc Prof Dr Andrew Tan Khian (Chairman)
 - Datin Dr Thayanithi Sandragasu (Member)
 - Dr Elias Hussein (Member)
- v. Research and Publication
 - Prof Dr Mohtar Ibrahim (Chairman)
 - Prof Dr Liza Sharmini Ahmad Tajudin (Member)
 - Assoc Prof Dr Andrew Tan KhianKhooon (Member)
 - Assoc Prof Dr Sushil Kumar A/L Vasudevan (Member)
 - Assoc Prof Dr Jemaima Che Hamzah (Member)

8. Activities of the various Sub-Committees

A summary of the activities of the various sub-committees for 2018/2019 is as follows:

- i. **Community Engagement**
 - The World Sight Day 2018 in collaboration with Ministry of Health Hospitals from the Klang Valley and with support from the Standard Chartered Foundation under their Seeing is Believing Programme on 26th October 2018. There was a forum involving the exchange experiences of patients who had Retinitis Pigmentosa and individuals who were visually disabled since standard 6.
 - Planning to publish the articles under College in the daily Berita Harian Newspaper.
- ii. **Ethics and Professionalism**
 - Discussed various ethical issues during committee meetings and planned responses to media issues.
 - Planned to give a talk on Professionalism and Ethics at the Conjoint Symposium 2019 by a College of Ophthalmologists speaker.

iii. Continuous Professional Development (CPD)

This committee remained very active and had 2 main roles which are:

- 1) Maintain the Continuous Professional Development (CPD) website and informing members of CPD activities/ developments via email on a regular basis.
 - The NSR point system for provision of the MMC-CPD points is actively running. Members were kept informed of activities offering CPD points according to guidelines set out by the Academy. The CPD subcommittee of the College became involved actively in accrediting ophthalmology events and in disseminating the information to all ophthalmologists in the country.
 - The MyCPD system has already been linked with the NSR point system. However, doctors can only choose 1 system to calculate and accumulate points. If they put the NSR number in the MyCPD system, the points will automatically be calculated in the NSR point system only. However, the MMA-CPD points system hasn't been linked yet and but will most likely follow closely the NSR point system by July 2019 or early 2020.
 - The new guidelines for the providers/companies to apply the CPD points were agreed as follows:
 - i. Minimum fees to be charged:
Collaboration:
RM2,000 (use College logo, website event's calendar & inclusion of the signatories for the certificate of attendance)

CPD points application:
Half-day activity - RM1,000
1-day activity - RM2,000
More than 1-day activity - RM3,000

In addition to the above an administrative fee may apply on a case to case basis.
 - ii. Sponsor to notify of event at least 3 months before the event.
 - iii. Sponsor to fill application form no later than 2 months before event.
 - iv. Flyers, announcement and programme cannot contain any advertising material except for company name and logo and should be submitted together with the application form.
 - v. Sponsors pay the fee required no later than 4 weeks before the event.

- vi. Brief one-page CV or biodata of speakers to be given no later than 4 weeks before the event.
 - vii. CPD Subcommittee reviews the flyer, application form, CV of speakers and programme details with College logo and approves the points according to MMC-CPD point system guidelines.
 - viii. CPD subcommittee chairperson sends the application and programme to the CPD secretary for listing and the event ID following which the College Secretariat will email the details of the event to the College members as an announcement.
- In order to update members and ophthalmologists, latest information was sent to members by email updates and a number of talks namely “MMC-CPD for Medical Specialist” given by the Chairperson of the CPD subcommittee as followed:
 - 3rd talk at The Eye Centre Kuching, Kuching Sarawak on 25th July 2018. It was hosted by Dr Dennis Kong with help from Prof Lim Lik Thai, UNIMAS. It was attended by 6 ophthalmologists.
 - 4th talk at Aman Jaya Convention Centre, Ipoh Perak on 11 August 2018. Hosted by Dr Chong Mei Fong and committee of the 3rd Ophthalmology Optometry Conference organized by MOH. It was attended around 50 people.
 - An informal session was given at the end of the Vitreoretinal meeting and at the UKM Alumni Booth during morning tea break which explained the system to 2 ophthalmologists including a demonstration at the recent Conjoint Ophthalmology Symposium Conference 2018 on the 15th September 2018 at the Royale Chulan Hotel.
 - 5th talk at THONEH on 21st October 2018. Hosted by Dr Pall and organizing committee of the THONEH annual meeting 2018.
 - 6th talk at MSO Annual Scientific Meeting, SASICC & Zenith Hotel, Kuantan, Pahang on 24th March 2019. Hosted by MSO Kuantan organizing committee, Prof Dr Khairidzan.
 - The committee was responsible for point allocation and would advise the AMM on core and non-core activities in relation to ophthalmology. To avoid any delays in responding to the CPD applications, it was agreed that at least 3 members be assigned to respond.

2) Organising CPD activities for members and ophthalmology community at large (**Refer No. 8 - College CPD activities/events**)

ix. Fund Raising/Finance

- Planned for fundraising with selling the College lapel pins.
- Committee is planning various other activities for fundraising

x. Research and Publication

- **The Malaysian Journal of Ophthalmology (MyJO)**
 - the official journal was launched at 10th MSO Annual Scientific Meeting 2019 on 22nd - 24th March 2019.
 - the launch of The Malaysian Journal of Ophthalmology (MyJO) as the official journal for the Malaysian Society of Ophthalmology (MSO), College of Ophthalmologists Malaysia, and Malaysian Universities Conjoint Committee in Ophthalmology (MUCCO) - comprising the Universiti Kebangsaan Malaysia, Universiti Malaya, and Universiti Sains Malaysia, as well as the Ministry of Health.
 - Objective: Aims to provide a platform for ophthalmologists, clinicians, researchers, trainees, students, optometrists, and eye care providers to publish their work and to promote knowledge enhancement among ophthalmologists and eye care providers in Malaysia.
 - Vol 1 No 1 (2019) of the Malaysian Journal of Ophthalmology was published in February 2019.
 - The website link for MyJO: <https://www.myjo.org>. All members of the College are strongly encouraged to contribute to MyJO to ensure its success.
- **College of Ophthalmologists Excellence Award for Ophthalmology Research and Publication**
 - The announcement of the award opening date will be done officially by the President of Council of the College of Ophthalmology by 1st June every year
 - The submission period is from 1st June of the opening year till 31st January the following year and will be repeated every year.
 - the first announcement would be made on 1st June 2019. This award will be given as of the year 2020 at the AGM.
 - It may not be awarded every year because the judgement would be made depending on the quality of the research that had been submitted.

- The research and publication that won would be expected to be published within 3 years if selected.
- Objectives:
 - a) To create sense of competition amongst Malaysian ophthalmologists so as to encourage them to conduct high quality research and publications
 - b) To recognize, appreciate and reward high quality research and publication
 - c) To encourage the sense of belonging to the College of Ophthalmology, AMM
 - d) To contribute to the betterment of ophthalmology through high quality research for the benefit of the world as a whole.

8. College CPD activities/events

i. Phacoemulsification workshop

- Organised a successful Phacoemulsification Workshop on 4th-5th October 2018. Coordinator: A/Prof Dr Nurliza Khaliddin and the UM team. There were 20 participants attended the course.

ii. 8th Conjoint Ophthalmology Congress

- organized a successful conference with the theme “Sailing the Stormy Seas: Managing Complications in Ocular Surgeries” was held on the 14th to 16th September 2018 at the Royal Chulan Hotel, Kuala Lumpur. Coordinator: Dr Safinaz Mohd Khialdin and the UKM team.
- The attendance was very good with the following numbers achieved:
 - The Pre-conference workshop on 14th September 2018 was attended by 216 delegates.
 - The full conference on 15th-16th September 2018 was attended by 671 delegates.

iii. World Sight Day 2018

This was held together with Ministry of Health Hospitals from the Klang Valley and with support from the Standard Chartered Foundation under their Seeing is Believing Programme. The event had an attendance of over 250 participants.

Date: 26th October 2018

Time: 9.00 am - 3.00 pm

Venue: Menara Standard Chartered

Objective: to create public awareness of the importance of vision care and the prevention of blindness.

iv. **National Cataract Surgery Symposium 2019**

Date: 26th - 28th April 2019

Venue: UKM Medical Centre

Topics covered:

- Keynote lecture - Prof Akahoshi
- Pre-chop technique
- Live surgery - Prof Akahoshi
- Basic Phaco Lectures
- Kitaro Web Lab Workshop

There were attended by:

- The Web Lab was attended by 40 delegates.
- The symposium was attended by 177 delegates.

v. **Upcoming activities/events:**

1. **9th Conjoint Ophthalmology Scientific Meeting**

Date: 13th to 15th September 2019

Venue: Hotel Perdana, Kota Bharu, Kelantan.

Theme: 'Current Controversies in Ophthalmology'

Coordinator: Assoc Prof Datin Dr Zunaina Embong and USM team

Objective: Aims to encourage evidence-based debates and discussions amongst session moderators, speakers and the audience, with particular focus on controversial ophthalmological issues raised during the course of 2018 and 2019.

Topics include the treatment of common retinal diseases such as:

- diabetic macular edema
- the current management of corneal diseases with recent technology,
- advances in ophthalmic imaging as well as unique medical
- surgical glaucoma issues.

vi. **Collaborative activities:**

● **Collaborate with MOH:**

- Training of Trainers on 'Manual Small Incision Cataract Surgery' was held at 26th to 29th July 2018 at Hospital Sri Aman, Sarawak and on 29th July to 1st August 2018 at Hospital Sultan Abdul Halim, Kedah. There were 16 participants attending.
- Training of Trainers on "Work-based Assessment and Effective Feedback" was held at Hospital Shah Alam on 17th to 18th October 2018. There were 20 participants who attended.

- 1st Diabetic Retinopathy Screening Symposium was held at Auditorium Putrajaya on 1st November 2018. The symposium theme was “Fight Diabetic Blindness”. Launched by YB Dr. Dzulkefly Bin Ahmad, Ministry of Health. There were 7 companies who were participating and paying for the booths.
- Training of Trainers on “Clinical Research Writing” was held at Hospital Shah Alam on 14th to 15th November 2018. There were 20 participants who attended.
- Training of Trainers “Micro-invasive Glaucoma Surgery (MIGS) Workshop” was held at Hospital Kuala Lumpur on 1st to 2nd March 2019. There were 22 participants who attended.
- **Events in Collaboration with companies:**
 - a) Novartis Corporation Malaysia Sdn Bhd
 - “NOVA II and Izba Launch” was held at KL Hilton on 6th to 7th October 2018.
 - b) Bayer Co. (Malaysia) Sdn Bhd
 - “The Vision Summit 2018” was held at G Hotel Gurney, Penang on 20th October 2018.
 - c) Allergan Malaysia Sdn. Bhd. & Carl Zeiss Sdn. Bhd.
 - “Ophthalmology A to Z” was held at Le Meridien Kuala Lumpur on 10th to 11th November 2018.

9. College’s Webpage

The College’s webpage has been updated and is up and running. Members can surf the webpage at <http://www.coamm.org.my/index.htm> for college updates, list of activities and for online CME links.

Reported by:
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May 2019